

# McLennan Community College

## POLICIES AND PROCEDURES

Reference:	E-XXV-a	Effective Date	09/19/2023
Subject:	Drug and Alcohol Abuse Prevention Program		
Source:	President		
Approval Authority:	President	Approval Date	09/19/2023
Approved by Leadership Team:	Benson	Hills	McKown
History:	Previously effective 06/13/2023, replaced policies dated 02/07/2018 and 05/06/2022		
Remarks:			

### **Drug Free Schools and Communities Act (DFSCA)**

McLennan Community College establishes this policy to address the unlawful possession, use, or distribution of alcohol and illicit drugs. The policy is in support of The Drug-Free Schools and Communities Act (DFSCA) of 1989 - also known as the Drug-Free Schools and Campuses Act. McLennan Community College has a Drug and Alcohol Prevention Plan (DAAPP), which is available at [mclennan.edu/substance-abuse-program/](http://mclennan.edu/substance-abuse-program/).

All members of McLennan Community College (faculty, staff, and students) are encouraged to review the information on the following pages as well as consult the *Highlander Guide* and *Personnel Handbook* (policies E-XXVIII & E-XXV). This information is distributed on an annual basis.

Students, faculty, and staff may request information about the Drug Free Schools and Campuses Act, McLennan Community College's drug and alcohol prevention program, and DFSCA Biennial Reviews by contacting Student Engagement at 254-299-8614.

#### **Standards of Conduct**

Use of illegal drugs, and the illegal use of alcoholic beverages, is identified as conduct which adversely affects the college community. College regulations prohibit any use, possession, sale, delivery, manufacture, or distribution of alcohol and other drugs by McLennan Community College students, faculty, staff, or guests to the College, on College-owned property and at all College sponsored activities, unless specifically authorized by the President in accordance with Board Policy. In addition, being under the influence of alcohol or any other intoxicants at any campus facility is also a violation of McLennan Community College policies.

McLennan Community College students are also prohibited from the illegal use of drugs or alcohol whether on or off campus.

The legal age for the consumption of alcohol is 21 years of age. Any underage student consuming alcohol is violating student conduct standards. Additionally, excessive alcohol use can lead to additional violations, such as driving while intoxicated or public intoxication.

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Disciplinary Sanctions

Students found responsible for violating these policies will face sanctioning through the College's conduct process. Sanctions include verbal reprimand, disciplinary probation, time-limited suspension, and even expulsion. Educational conditions and campus restrictions may also be appropriate.

Faculty or Staff who violate these policies will also be subject to disciplinary sanctions. Such sanctions include referral to drug and alcohol counseling programs, termination from employment with McLennan Community College, and referral to appropriate law enforcement officials for prosecution. Educational outcomes may also be assigned.

Health Risks

Specific serious health risks are associated with the use of alcohol and illicit drugs. Some of the major risks are listed below.

*Alcohol and Other Depressants (barbiturates, sedatives, and tranquilizers)*

Addiction, accidents as a result of impaired ability and judgment, alcohol poisoning, overdose when used with other depressants, damage to a developing fetus, heart and liver damage.

*Marijuana*

Impaired short-term memory, thinking, and physical coordination. Can cause panic reaction and increase the risk of lung cancer and emphysema. Can interfere with judgment, attention span, concentration, and overall intellectual performance. Impairs driving ability. May cause psychological dependence and compromise the immune system.

*Cocaine*

Addiction, cardiovascular system damage including heart attack, brain damage, seizures, lung damage, severe depression, paranoia, psychosis. Similar risks are associated with other stimulants, such as speed and uppers.

*Nicotine*

Tobacco smoke contains thousands of chemical compounds, many of which are known to cause cancer. Nicotine, which is a central nervous system stimulant, produces an increase in heart and respiration rates, blood pressure, adrenaline production and metabolism. People can rapidly become physically and psychologically dependent on tobacco. Compromises the immune system.

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### *Inhalants*

Inhalants are a diverse group of chemicals that easily evaporate and can cause intoxication when their vapors are inhaled. Most inhalants are central nervous system depressants. Use of these drugs slows down many body functions. High doses can cause severe breathing failure and sudden death. Chronic abuse of some of these chemicals can lead to irreversible liver damage and other health problems.

### *Prescription Drug Abuse*

Adverse reactions, dependency, withdrawal, and overdose.

### Treatment Options

A variety of resources exist for alcohol and other drug prevention education, counseling and referral. For detailed information concerning these resources available from College and community agencies, students may contact Counseling Services located in the Wellness and Fitness building room 101; they can be reached by phone at 254-299-8210. Faculty and staff members are encouraged to consult their primary care provider, or the campus Human Resources office, with questions or for community resource referrals. Human Resources is located in the Administration building room 101 or by phone at 254-299-8605.

### *Individual Assessment and Counseling for McLennan Community College Students*

1. Mental health and crisis assessment through Counseling Services
2. Individualized referrals based on situation
3. Educational sessions for those concerned about alcohol or other drug use

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Resources:

1. Success Coaching Services – 254-299-8226  
List of community resources, advice on finding the “next step”
2. Counseling Services – 254-299-8210  
Address substance abuse concerns through individual counseling as part of a co-occurring disorder, individualized referrals based on situation, and drug and alcohol education is available on request
3. McLennan Community College Police Department – 254-299-8911  
Respond to immediate safety concerns regarding drugs or alcohol use, questions regarding the legalities of drugs and alcohol, available to do educational presentations
4. Student Conduct Office – 254-299-8520  
Address General Conduct Policy, enforces policies and procedures, provide clarification on acceptable use standards
5. McLennan Community College Human Resources Department – 254-299-8605  
List of community and campus resources available for faculty and staff, enforces policies and procedures for employees
6. Waco Family Medicine Clinic @ MCC - 254-313-5800  
Provides medical care to students and the community in need of physical health evaluations due to adverse effects of substance use and/or abuse. This is not an emergency clinic and is not accessible after regular business hours, M-F, 8:00 am – 5:00 pm.
7. Cenikor (Community Resource) - 254-236-4567  
Detox/Short-term Inpatient Facility & Outpatient Program
8. DePaul Center (Community Resource) – 254-776-5970  
Inpatient and outpatient psychiatric and substance abuse treatment division of the Ascension Providence Healthcare Network
9. Heart of Texas Counseling Center (Community Resource) – 254-297-7100  
Outpatient counseling clinic available to individuals who do not meet state requirements for Heart of Texas Behavioral Health Network (formerly MHMR)
10. Mission Waco (Community Resource) – 254-753-4900  
Inpatient and outpatient faith-based treatment programs for drug and alcohol abuse

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11. Start Your Recovery – <https://startyourrecovery.org> A website that encourages people to find the support they need.
  12. Rehabs.org: A free addiction resource to help those suffering with addiction, because nothing should stand in the way of recovery. This resource provides reliable, non-biased information regarding every treatment center in the country.
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The following policy guidance is established to assist with DFSCA compliance:

1. McLennan Community College must establish and implement a Drug and Alcohol Prevention Program (DAAPP). The College will make the DAAPP available via the College website, and through annual notification to the campus community.
2. Student Engagement shall create and implement the DAAPP, and will collaborate with the Chief Research & Effectiveness Officer, for assistance with programmatic evaluation.
3. McLennan Community College shall conduct a biennial review of the Drug and Alcohol Abuse Prevention Program (DAAPP) to occur in each even-numbered year. This review shall be conducted under the direction of the President or his or her designee. The President shall appoint a committee composed of representatives from Student Engagement, Accommodations and Title IX, Human Resources, the division of Physical Education and Health, and the Athletic Director to assist in conducting the biennial review. The committee shall conduct the review with two purposes in mind. First, to determine the effectiveness of, and to implement any needed changes to, the DAAPP. Second, to ensure consistent enforcement of the disciplinary sanctions for violating standards of conduct related to drug and alcohol abuse.

The review committee shall make a complete report to the President containing the following:

- A. Descriptions of DAAPP program elements
- B. Statement of DAAPP program goals and a discussion of goal achievement
- C. Summaries of DAAPP program strengths and weaknesses
- D. Procedures for distributing annual DAAPP notification to students and employees
- E. Copies of the policies distributed to students and employees

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F. Recommendations for revising the DAAPP

The President of McLennan Community College will approve and be the official signature on the final report.

McLennan Community College must develop DAAPP Disclosure Information. Disclosures must be distributed annually to students enrolled for academic credit and employees. In addition, disclosures must be made to enrolled students and new employees who attend or are hired after the initial yearly disclosure distribution. Annual disclosures must include at least the Policy language at the beginning of this document.