LEAP Skills

Interpersonal skills, self-management skills, intrapersonal skills, leadership skills ... clearly recognizable as elements of Adaptability through Emotional Intelligence.

But besides that, what do these elements have in common? Never overlook the obvious — they are all SKILLS — an ability or practice coming from one’s knowledge.

In learning Adaptability through Emotional Intelligence, MCC students will be taught to:

- **observe** how they may currently interpret and react to events or stimuli,
- **assess** if that reaction is productive or counter-productive and then, if necessary,
- **create a positive change**.

In these beginning stages of LEAP implementation, it is important to remember that **Observation, Self-Assessment and Positive Change** are the hallmarks of Adaptability through EI.

Teaching Adaptability

How do you help your students with this process of self-discovery? We’d love to hear from you if you are willing to share your ideas of how you teach **Adaptability**. Contact Lise Uhl (luhl@mclennan.edu or ext. 8222).

Starfish is Here!

The long awaited Starfish Early Alert system has come to MCC. Training sessions in Starfish will be offered for faculty and staff in the near future. Watch for upcoming announcements regarding date, time, location and registration.

Spotlight on Success Coaches

Student Development is proud to announce four new Success Coaches on our campus! The LEAP newsletter will highlight each of the new coaches. This month we would like to introduce you to Success Coach **Monique Criddell**.

**Name, Title:** Monique Danyé Criddell, Success Coach

**E-mail address:** mcriddell@mclennan.edu

**Hometown:** Houston, Texas (by way of Spring, Texas)

**Education:** Bachelor of Science (biology/pre-medicine), Stephen F. Austin State University; Master of Divinity, Truett Seminary
What do you enjoy most about working at MCC?
I am a networker because nets work! The more people I can connect with, the more individuals I can help. And MCC is the type of family that’s in the helping business.

What excites you most about being a success coach? We all have an innate desire to be noticed on some level and to be known by at least one person. I love relating to people so that I know them well enough to nurture their potential, opening their eyes to see how wonderfully remarkable they are.

What is an inspirational quote you like? “Bless at least one somebody today; Semper Fi!” “Mike Criddell (my dad)

What is your favorite thing to do in Waco? I am learning how to play the ukulele, so I like to practice in random places in Waco. I hope someone will discover me and sign me. In the meantime, I will definitely keep my day job. I also love antique shopping on early Friday and Saturday mornings.

All Success Coaches are ready to assist your students with encouragement, empowerment and the necessary tools for success. If you have questions and/or a student you would like to nominate (refer) to establish a connection with a Success Coach, call 299-UCAN (8266) or email success@mclennan.edu.

Still have questions?
Contact Lise Uhl, LEAP Advisory Council chair, or Fred Hills, QEP director.

Be a part of the transformation!
Faculty will have the opportunity to apply for a Faculty Cohort to teach EI Intensive Gateway Courses. This cohort will receive intensive EI training and will work through the coming year in developing EI modules in their curriculum to enhance current course content. The curriculum development will be done with the intent to share this information with the rest of the campus in the Spring semester.

Interested but not sure you are eligible? A complete listing of Gateway courses can be found in the LEAP document at the following link: http://mcciep.mclennan.edu/sacs/qep.pdf. Go to page 45 to see the list of Gateway courses.

Any instructor teaching one of the courses listed in this document is welcome to apply. More details and an application form will be available soon. Watch for the announcements!

Bookmark this site
There are more Professional Development opportunities on Emotional Intelligence being planned. For LEAP FAQ's and other information go to www.mclennan.edu/leap.