

E S U G D R D O S T C E E E E

	Drug Type	Some Common Examples	Medical Uses	Psychological Dependence	Physical Dependence	Tolerance (increasing amounts needed for same effect)	Effects of Average Amounts	Duration of Effects	Possible Effects of Overdose	Possible Effects of Excessive Continued Use	
Depressants	Alcohol	Beer, liquor, wine	Generally, none	High	High	Yes	Relaxation, euphoria, decreased alertness, drowsiness, impaired coordination, sleep	4-12 hours	Slurred speech, stupor, death	Brain and/or liver damage, confusion, irritability, withdrawal sickness, death	
	Barbiturates	Amytal, Butisol, Nembutal, Phenobarbital, Seconal, Tuinal	For anxiety, tension, insomnia	High	Very High	Yes					
	Inhalants	Aerosols, Butyl Nitrite, Correction Fluid, Gasoline, Nitrous Oxide	None	Unknown	Unknown	Possibly	Relaxation, euphoria, impaired coordination	15-45 minutes	Stupor, death	Hallucinations, liver, kidney, bone marrow and brain damage, death	
	Mild Tranquilizers	Ambien, Librium, Valium	For anxiety, tension, insomnia	Moderate	Moderate	Yes	Relaxation, euphoria, decreased alertness, drowsiness, impaired coordination, sleep	4-8 hours	Slurred speech, stupor, death	Brain and/or liver damage, confusion, irritability, withdrawal sickness, death	
	Narcotics of Natural Origin	Codeine		For cough, painkiller	High	Moderate	Yes	Relaxation, relief of pain and anxiety, decreased alertness, euphoria	4-6 hours	Stupor, death	Lethargy, constipation, weight loss, temporary sterility and impotence, withdrawal sickness, death
		Heroin		None in U.S.	High	High	Yes				
		Morphine		Painkiller	High	High	Yes				
		Opium		For diarrhea	High	High	Yes				
	Narcotics of Synthetic Origin	OxyContin		Painkiller	High	High	Yes	Constipation, nausea, sedation, dizziness, vomiting, weakness, headache, sweating	12 hours	Toxic overdose and/or death from taking the tablet broken, chewed or crushed	Respiratory depression, dizziness, vomiting, weakness, insomnia, diarrhea, muscle/bone pain, cold flashes
		Demerol		Painkiller	High	High	Yes				
Dilaudid			Painkiller	High	High	Yes					
Methodone			Withdrawal from Heroin, painkiller	Moderate	High	Yes					
Tranquilizers	Percodan		Painkiller	High	High	Yes	Relaxation, relief of pain and anxiety, decreased alertness, euphoria	4-6 hours	Stupor, death	Lethargy, constipation, weight loss, temporary sterility and impotence, withdrawal sickness, death	
	Special K Rohypnol and GHB (Date Rape Drug)		Pet surgery None	High	High	Yes					
Psychodelics	Cannabis	Marijuana, Hashish, Hash oil	For nausea/vomiting in cancer therapy	Moderate	Moderate	Yes	Relaxation, breakdown of inhibitions, alteration of perceptions, euphoria, increased appetite	1-3 hours	Lethargy, paranoia, psychosis	Psychosis, impaired breathing when smoked	
	Hallucinogens of Natural Origin	Mescaline		None	Low	None	Illusions and hallucinations, poor perception of time and distance	varies	Anxiety, hallucinations, psychosis, exhaustion, tremors, panic, death	Increased delusions and panic, psychosis, death	
		DMT		None	Low	None					Yes
		Psilocybin, Mushrooms		None	Low	None					Yes
	Hallucinogens of Synthetic Origin	LSD		None	Low	None	Yes				
PCP		None for humans	High	Low	Unknown						
Steroids		Juice, roids, gym candy, pumpers, anabolics, armies	Increase testosterone for hormone disorders, treat body wasting in AIDS patients	High	High	Yes	Increased muscle mass /strength, water retention, hyperglycemia, depression, severe mood swings, paranoid jealousy, delusions, extreme irritability, hypertension	Varies	Heart damage, kidney damage, death	Heart damage, liver tumors, kidney disease, impotence, sterility	
Stimulants	Amphetamines	Benzedrine, Dexedrine, Methedrine	For obesity, narcolepsy, A.D.D.	High	Low	Yes	Increased alertness, excitation, euphoria, decreased appetite	Varies	Restlessness, rapid speech, irritability, insomnia, toxic psychosis, death	Restlessness, irritability, insomnia. In the case of cocaine, damage to nasal septum when sniffed. In the case of nicotine, impaired breathing, heart and lung disease, cancer, death	
	Caffeine	Coffee, cola, No-Doz, tea	For headache	Low	Low	Yes					
	Cocaine	Cocaine, crack	Local anesthetic	High	Moderate	Yes					
	Methylphenidate	Ritalin	For fatigue and attention deficit disorders	Moderate	Low	Yes					
	Nicotine	Cigarettes, Cigars, Pipes	None	High	Moderate	Yes					
	Phenmetrazine	Preludin	For obesity	High	Low	Yes					
Amphetamine variants	Crystal Methamphetamine (Speed, Crank) Ecstasy	Sleep prevention None	Low None	High	Yes Yes	Rush of energy, euphoria, increased alertness	Up to 12 hours 3-6 hours	Heart attack, stroke and seizures, drowsiness, headache, nausea, death	Sleep deprivation and violent tendencies, dehydration, hypertension, heart or kidney failure, coma, death		
Psycho-tropics	Anti-Depressants	Paxil, Prozac, Zoloft	For depression	None	None	No	Drowsiness upon initial use, relaxation	12-24 hours	Drowsiness, weakness, tremors, death	Weakness, suicidal ideation, tremors, death	
	Strong Tranquilizers	Haldol, Mellaril, Prolixin, Stelazine, Thorazine	As antipsychotics	None	None	No	Parkinson-like symptoms, insomnia, depression	24 hours	Severe extra-pyramidal reactions, hypotension, sedation	Tardive Dyskinesia	

Note: Often many of the above drugs are mixed, particularly with alcohol. Such mixtures may lead to dangerous combinations that can produce exaggerated effects causing unconsciousness and possibly death.