P. Groceries to Go, Meals on Wheels

Organization Description: Meals & Wheels delivers meals and other services to clients who are unable to provide meals and other services for themselves.

Volunteer Duties: Volunteer duties consist of either grocery shopping with a client, or shopping alone using a client's grocery list.

Volunteer Requirements: Volunteers must complete an application and pass a background check. For some Meals & Wheels programs you may need a valid driver's license as well as car insurance.

Training Provided: Necessary training is provided onsite.

Time Commitment: Long term commitments are preferred, taking a client to a grocery store two times per month.

Group Volunteering: There are a number of opportunities for groups, including doing deep cleaning of clients' homes, helping with special mailings to raise money, and emergency meal packaging.

Recommended For: Students in the fields of nursing, education, human services, and others.

Benefits: Volunteers can make connections with others in the Waco community, and form long lasting relationships.

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