

## **X. Side Walker, Therapeutic Riding Center**

**Organization Description:** The Therapeutic Riding Center uses horseback riding as a therapeutic tool to promote physical and emotional benefits to individuals with developmental disabilities.

**Volunteer Duties:** Side Walkers walk beside the horse and assist the student. They help the student focus attention on the instructor, and pay attention to rider's balance and other needs.

**Volunteer Requirements:** Volunteers must pass a background check. Those working with horses must be 18 or over and physically able to perform the various duties. Wear outdoor clothing, bring your own sun/bug protection, and be prepared for the day's weather.

**Training Provided:** A volunteer training program is provided, although some experience working with horses will be helpful.

**Time Commitment:** A regular time commitment is preferred.

**Group Volunteering:** Contact the organization directly to ask about group volunteering opportunities.

**Recommended For:** Students in the fields of agriculture, environmental science, education, health and more.

**Benefits:** Volunteering at the Therapeutic Riding Center offers hands-on experience in the therapeutic field, and is a good way to get exercise and fresh air while meeting new people.

**Contact Info:**

Ph. 254.829.0674

Webpage: <http://www.hottrc.org/>