## X. Stable Hand, Therapeutic Riding Center

Organization Description: The Therapeutic Riding Center uses horseback riding as a therapeutic tool to promote physical and emotional benefits to individuals with developmental disabilities.

Volunteer Duties: Stable Hands must have knowledge of horses and basic riding skills. They work as horse leaders, sidewalkers, or office clerks as needed.

Volunteer Requirements: Volunteers must pass a background check. Those working with horses must be 18 or over and physically able to perform the various duties. Wear outdoor clothing, bring your own sun/bug protection, and be prepared for the day's weather.

Training Provided: A volunteer training program is provided, although some experience working with horses will be helpful.

Time Commitment: A regular time commitment is preferred.

Group Volunteering: Contact the organization directly to ask about group volunteering opportunities.

Recommended For: Students in the fields of agriculture, environmental science, education, health and more.

Benefits: Volunteering at the Therapeutic Riding Center offers hands-on experience in the therapeutic field, and is a good way to get exercise and fresh air while meeting new people.

Contact Info: Ph. 254.829.0674

Webpage: http://www.hottrc.org/